

Death To Distractions

Matthew 6: 25-34

May 4, 2025

Pastor Brad Otto

SHARE:

Share your highs and lows and where you have seen God in the middle of it all.

- a. Looking back at your notes from this week's message, was there anything that particularly caught your attention, challenged you, confused you?
- b. If Pastor had to give an abbreviated version of last weekend's message, what one or two ideas would you tell her to include no matter what?
- c. What does anxiousness and worry look like for you personally? How does it distract you from trusting God and staying focused on God's purpose for your life?
- d. Read Matthew 6:25-34. What part of Jesus' teaching on worry stood out to you the most? Why do you think He emphasizes not worrying about tomorrow?
- e. What is one area in your life right now where you're the most tempted to worry or feel anxious?
- f. Out of the three strategies: Focus by listening for God, practicing present focus, and speaking God's promises- which is the one you are most drawn to and why?
- g. **TAKING IT HOME:** For personal reflection
Discipleship is also about living out your faith, so how has this message changed the way you will live out your life this week and in the future?

Pray:

Praying together for others and for ourselves.

Outline

Feelings of anxiousness are _____, it doesn't have to be
_____.

Anxiousness and worry steal _____ by borrowing trouble from
_____.

Worrying is trying to live tomorrow's _____ with today's
_____.

Three things to kill the distractions of anxiousness and worry:

Fix your focus on _____

Practice _____ focus.

_____ God's promises louder than your fears.